

Case Study

We helped Sandra find ways to reduce her healthcare costs.

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Why did Sandra call us?

Sandra was falling behind on medical bills and needed help.

Sandra's challenge

Sandra was a single mom. One of her children was often sick and had asthma. She herself had a respiratory issue and had recently injured her wrist. She was also recently sued for \$4,800 for a car she was renting and was stressed about past due medical bills and keeping up with continued healthcare cost.

Together, we came up with solutions

Legal Assistance

Referred her to Legal Connect, a workplace benefit, for discounted assistance for her car rental concerns

Emergency Money

Secured a \$5,000 loan through Salary Finance, one of our partners, to help pay for the legal issues and catch up on past due medical bills

Price Savings

Recommended she download the GoodRX app for lower prescription costs

Healthcare Savings

Referred her to Accolade, one of our healthcare partners, and they recommended she:

- Reach out to Grand Rounds, a workplace benefit, for a free second opinion for her wrist pain
- Complete a Biometric Screen to earn a \$100 incentive on her Flexible Spending Account
- Switch pharmacies to save \$5 per 90-day supply of her medication



Pay

\$29,000 base + Variable Compensation

Home

39 years old Single parent

"I'm just trying to stay positive and just praying everything works out in my favor. And again thank you Jamie for everything, you are a true angel."

Quote from Sandra National telecom company

Workforce Impact The inability to afford medical care contributes to poor health outcomes when individuals postpone care. Helping Sandra and her children provided necessary solutions to health care costs. Reducing Sandra's anxiety also helped her to focus on work.